

Resource Manual for Iñupiat Youth in the Arctic Slope Region

*Empowering our
youth to succeed
in modern
leadership*







This resource manual was developed by Arctic Slope Regional Corporation within the Community Economic Development Department in 2016 and amended in 2019. Information about scholarships and internships may change as more opportunities arise, and it is advised that students research these opportunities.

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ASRC Shareholder Highlights – throughout booklet

Rex Kakianaaq Rock Sr.

Point Hope, Alaska

President and Chief Executive Officer of
Arctic Slope Regional Corporation



“ If you don't include both preparation and teamwork in your game plan and your efforts, you greatly diminish your chance for success.

”

FOREWORD
President's Message

Paġlagivsi,

With the rising demand for utilizing technology in today's world, Arctic Slope Regional Corporation recognizes the importance of sharing opportunities that will help our communities make strides toward modern success, while embracing our Iñupiaq culture. Our elders taught us that the value of maximizing the available resources for living a traditional lifestyle is at the center of sustaining our communities. With this in mind, we hope to expand the knowledge of available opportunities through this booklet so that we can continue to see a rising number of Iñupiaq leaders moving forward personally, educationally, and professionally to sustain a culturally sound community.

In short, we respond to the vastly growing technology by creating this booklet as a resource to increase awareness of opportunities to advance one's education and profession, in addition to developing one's self. We believe personal development can help increase success in education; education can increase success professionally and professional development can help increase each individual's personal impact and contribution to the community. As our hunters, whalers and culture-bearers learned to prepare early, we provide this manual for *you*, our youth, in preparing for your future and your role within our communities.

Taikuu,

A handwritten signature in black ink, reading "Cy Allen Rusk Sr." in a cursive style.

Introduction

This booklet is a resource for emerging Iñupiaq leaders from North Slope communities to use for personal, educational and professional development opportunities. It was created for the purpose of providing information about scholarships, internships and other opportunities that are provided on the North Slope and within Alaska.

Leadership development can shape a positive culture, promote harmony in the workplace and community, and maximize productivity. This booklet will help you begin taking the steps toward becoming a successful leader in your desired field of interest.

Throughout this booklet, we highlight ASRC Iñupiaq shareholders who have completed training or a degree program and have established themselves professionally within the Alaskan community. We hope these highlighted individuals inspire you to take that first step in pursuing your goals.

How do my Iñupiaq values help me in our modern culture?

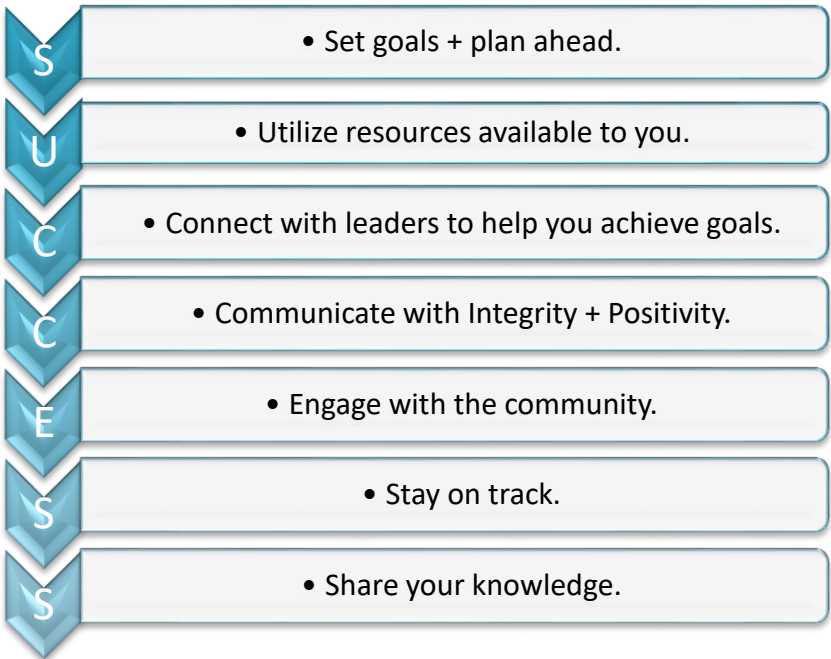
Since time immemorial, our Iñupiaq leaders have taught us the importance of preparation and resourcefulness in regards to adaptability and resiliency. As times have changed, we have learned lessons that have improved upon our cultural traditions, such as sewing, hunting, whaling and many others.

We are fortunate to have leaders who showed us the hard work and dedication that went into upholding our cultural traditions, providing infrastructure within our communities and laying the foundation for educational opportunities. The resiliency learned from living in harsh conditions of the North Slope has helped sustain our strong connection to our culture. This same resiliency has prepared us to succeed in the areas of personal, educational and professional opportunities set before us.

Over the last century, the opportunities available to our people have increased exponentially. For example, 100 years ago, there were no resources for our people to become corporate executives, law makers, fire chiefs, biologists, economists, politicians, environmental scientists, social workers, entrepreneurs, astronauts, engineers, psychologists, etc. We are now in the perfect place to see Iñupiaq leaders in these fields. We hope that as you read this book, you are inspired to find the way that you will contribute to your community.

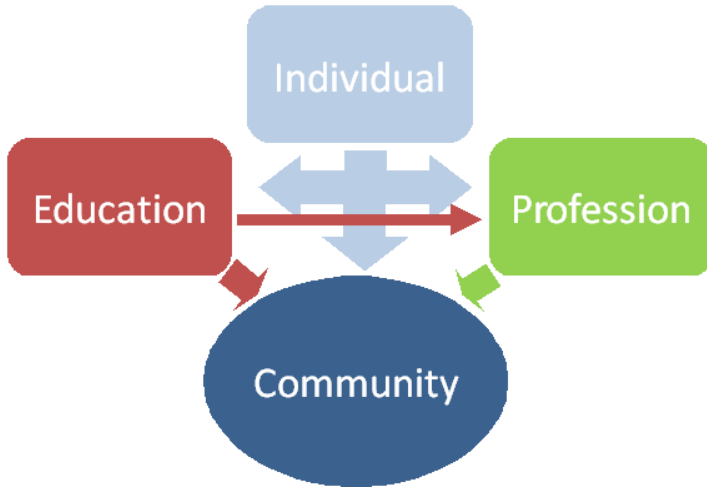
This SUCCESS acronym can help you stay on track with your personal, education, and professional development.

S.U.C.C.E.S.S.



What will I find in this booklet?

This booklet provides information about personal and professional development as well as educational resources. Contained within this booklet is a comprehensive list of scholarships that are available on the North Slope, both region-wide and village-specific.



This diagram shows how one’s education, professional and personal development relate to one another, and essentially the community.

PART I: Personal Development

Personal Development is important for moving forward in your education, career and community. It is the building block for your success. It is also a lifelong process, which continues to enhance one’s quality of life. As an emerging leader, it is important for you to learn to balance your time, money, resources, culture and family. Personal development involves building a strong identity, being self-aware, improving your health, and developing your strengths and much more. It involves developing other people as well – as a coach, teacher, mentor, trainer or manager!

Our cultural values provide a solid base for individuals who desire to participate in personal development:

Respect

Our culture teaches us the importance of respecting the land, the people around us (including our ancestors) and ourselves. When you enter into the workplace, classroom or home, self-respect and respecting those around you can help you fulfill your potential and develop healthy relationships.

Family & Kinship

Wherever we go, we can build community. Our culture teaches us the importance of connecting with the individuals around us to sustain a community. It is important to understand that everything we do has been influenced and impacted by our family and community.

Humility

As an emerging leader, humility is an important trait to develop in every aspect of your life. Humility shows that you understand the need to have people around you for support. You need them for guidance.

Sharing

Sharing is at the center of our communities. Our leaders have taught us the importance of sharing knowledge and resources with others because we know it will benefit the community as a whole. Great leaders not only gain knowledge and develop resources: they also share it with those around them.

Preparation + Readiness

Preparation is necessary in every aspect of your life. A whaling captain prepares by gathering the items necessary for a hunt. A businessman prepares by drafting up a budget and operations plan for the company. Preparation for things to come can help you be ready to address the unexpected.

Atqasuk, Alaska

Degree: Bachelor of Arts in Business Administration, University of Alaska Fairbanks, Leadership Honors | Master of Arts in Rural Development, UAF
Notable: UIC Foundation Program Manager

“

Take the opportunity to seek your goals in education, whether it be in training or attending a university. You are the future leaders and have the power to make effective change to benefit our communities. Seek out mentors in your life who will inspire you to reach your goals. Take opportunities to give back in your communities and positively influence others.

”



Opportunities for Personal Development

ASRC Leadership Empowerment Summit

The Leadership Empowerment Summit targets young leaders between the ages of 18-40 to learn about their individual, group and community strengths. The summit also covers topics on increasing volunteerism and involvement in health, social, cultural, economic and political issues. To learn more, contact ASRC Community Economic Development Department at (907) 339-6000 or ced@asrc.com

North Slope Borough Elders & Youth Conference

The NSB Elders and Youth Conference is sponsored by the NSB Iñupiat, History, Language and Culture Commission to promote and document Iñupiat life through activities and workshops that focus on the perpetuity of the Iñupiat culture. For more information, contact IHLC at (907) 852-0422.

First Alaskans Institute Elders & Youth Conference

www.firstalaskans.org

The First Alaskans Institute Elders & Youth Conference strengthens the knowledge and self-confidence of Native people to speak out and create change within themselves and in their communities. The conference celebrates Alaska Native intellect and encourages young people and Elders to pursue the great task of maintaining traditional Native values and practices, while thriving in the modern world. This conference takes place right before the Alaska Federation of Natives Annual Convention and is offered to high school students statewide.

Healthy Living Summit | ASNA and North Slope Borough

Each year, the NSB Dept. of Health and Social Services and Arctic Slope Native Association co-host the Healthy Living Summit in the fall, held at the Barrow High School. A youth track during the Summit highlights specific issues pertaining to NSB youth, providing opportunities to get involved and learn about healthy choices.

Wainwright, Alaska

Training: Airline Transport Pilot, Airplane and Helicopter | Search and Rescue Training and Certification throughout career |

Notable: Previous Search and Rescue Pilot; currently serves as President and CEO of Olgoonik Corporation.

“

In all thy ways acknowledge Him, and he shall direct thy paths.

-Proverbs 3:6

The best advice I ever received came from my grandparents, my mother and my father. They told me, “Pursue your dreams.”

”



Volunteerism and Civic Engagement

Working collaboratively with others for the larger good by volunteering your time to an organization, cause, or event fosters positive leadership skills and creates positive relationships. When you volunteer your time, you learn more about your community and the inner workings of organizations. You also meet new people who have similar interests with your own. It is also a great way to learn about the issues your community faces, and how people and organizations tackle those issues through civic engagement – people addressing issues and interacting with institutions because of a need to fulfill personal responsibility as part of a community. This could mean serving as a youth representative for a board or council, encouraging participation in community events or volunteering for them, or taking part in volunteer-based clubs in your school (National Honor Society, for example). There are varying levels of opportunities within your respective communities to get involved. You will find that whether you decide to go to college or a university, training facility, or enter the workforce, these opportunities become more visible.

“If troublesome obstacles come upon you, think of the achievements of your ancestors. They established cultures that very well met the unkind situations. They won over them and left ample room for fun, arts, and for big shares of lightheartedness.”

-Howard Weyahok Rock, Artist, Advocate, Founder of Tundra Times, Point Hope

Kaktovik, Alaska

Training: Firefighter-I, Firefighter Hazmat, Emergency Medical Training-II, Certified Tactical Medic

Notable: Fire Chief, North Slope Borough Fire Department, Kaktovik, Alaska | Emergency Trauma Technician (ETT) and CPR Instructor

“

Honor Ante Omnia: The Firefighter character should involve devotion to the mission, loyalty to our fellow firefighters, respect to authority and a desire to reflect the highest moral idea. That ideal for firefighters, the one that rises above all other ideals is “honor before all”.

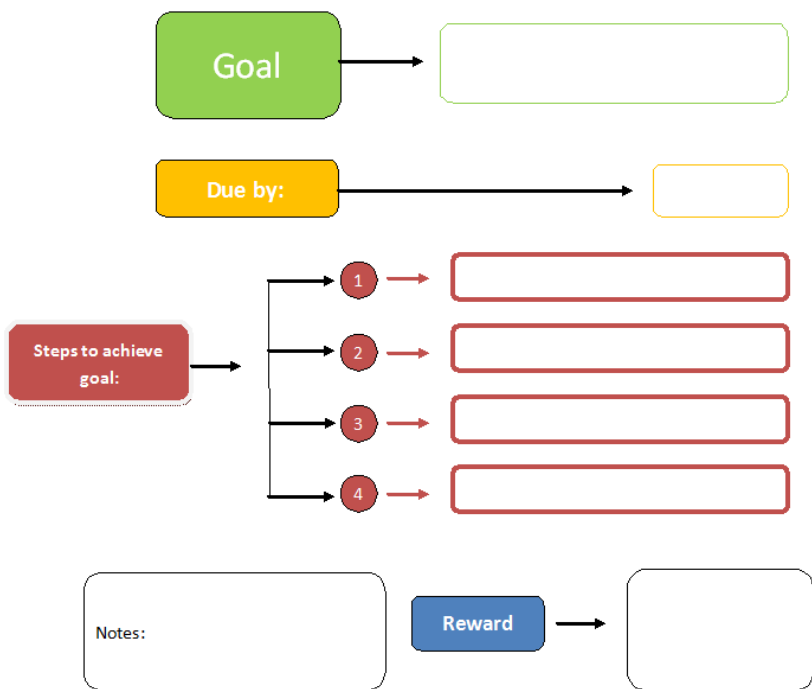
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Envisioning Your Future

In order to develop personally, we must set goals for ourselves. This exercise may help get you started.

Create a chart similar to one outlined on this page, one for each specific area: an educational goal, professional goal, and a personal goal. Think about how you will achieve them, and think of people who can support you in achieving them – mentors, teachers, coaches, and/or family members.



Exercise 1: Goal setting chart

PART II: Education

Education empowers individuals with the tools to increase their personal contribution to their jobs, families and community. It teaches discipline, responsibility and management that can be utilized in every aspect of life. Education is the means through which individuals acquire traditional, contemporary, cultural, and other types of knowledge.

What is your educational goal?

There are many different kinds of programs to choose from. Whether it is obtaining an associate's degree, bachelor's, master's, or doctorate's, it is important to set your goals early so that the college application and admission process goes smoothly. There are resources available to help you through the college application process, such as the National Association for College Admission Counseling, found here: www.nacacnet.org

High School Opportunities

GeoFORCE Alaska

www.geoforce.alaska.edu

GeoFORCE Alaska is a four-year, field-based, summer geoscience program for high school students from Alaska's North Slope and Northwest Arctic Boroughs. The curriculum is developed and delivered by the UAF College of Natural Science and Mathematics (CNSM) in partnership with the longstanding GeoFORCE Texas program. The mission is to raise high school graduation rates; encourage students to pursue science, technology, engineering and math (STEM) majors in college; and increase the number and diversity of Alaska residents entering Alaska's technical workforce.

ANSEP Acceleration Academy

<http://www.ansep.net/high-school/acceleration-academy-summer>

The Acceleration Academy will have two 5-week sessions that will be held on the University of Alaska Anchorage (UAA) campus and hosted by ANSEP. Students will be housed on the UAA campus. It is mandatory that all participants stay in the provided housing for the duration of the Academy.

ANSEP Summer Bridge

www.ansep.net/high-school/summer-bridge

The ANSEP Summer Bridge focuses on developing students academically, socially and professionally for college and professional careers. The Summer Bridge is a college and career visioning opportunity that's geared toward students who are graduating high school this academic year. Summer Bridge students enroll in a college math course and work a paid summer internship in the engineering or science field with one of the ANSEP Strategic Partners. All costs associated with the program are covered by ANSEP. Students who successfully complete their college math class and internship are eligible for scholarship funding to attend the University of Alaska, the fall immediately following Summer Bridge.

Rural Alaska Honors Institute <https://www.uaf.edu/rahi/>

The Rural Alaska Honors Institute (RAHI) is a six-week summer bridging program that assists students in making the academic and social transition between high school and college. RAHI is for college-bound students currently in their junior or senior year. They must be willing to work hard and learn first-hand what it takes to succeed in college. It is a great resource for students to adjust to the college environment and schedule.

Barrow, Alaska

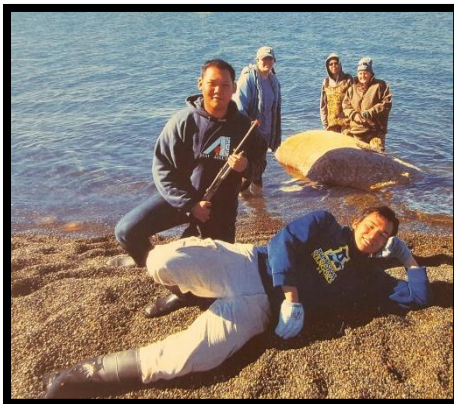
Education: Pursuing Mathematics 1 and Biology, double major, University of Alaska Fairbanks

Notable: Attended Rural Alaska Honors Institute (RAHI), 2011; NSB Wildlife Intern (2012-2014); UAF Biology Intern (2016)

“

Things may be easy now, but keep paying attention to what’s being taught and always ask questions, because sometimes there are times where questions cannot be asked and you can miss things in a blink of an eye.

”



Terp Young Scholars | ASRC Federal Holding Company

<http://www.asrcfederal.com/shareholder-opportunities>

Students have an opportunity to check out college life through this immersive three-week program. Each student will enroll in one academic course, participate in field trips and guest lectures, and see what it's like to live and thrive on campus. ASRC Federal's travel scholarship covers the cost of lodging, travel, and tuition. Location: University of Maryland, College Park, MD. Eligibility: ASRC Shareholder in 9th through 12th grade with a GPA of 3.5. (3.0 GPA students will be waitlisted) Email: scain@asrcfederal.com Phone: (301) 837-9097 Assistant email: kseely@asrcfederal.com

NSB On-The-Job Training Program

On-The-Job Training (OJT) is administered by the North Slope Borough Human Resources Department. To be eligible, high school students must be approved by the NSBSD administration and will be placed in temporary positions in their field of interest. Up to 20 OJT students are hired each year, slope-wide. Pay is \$10/hour for up to 20 hours a week. Contact: NSB HR Department at (907) 852-0364.

What is a Leader?

List 3 leadership traits that you already have

Example: Self motivated

- 1.
- 2.
- 3.

List 3 leadership traits you want to have

Example: Inspire others, inspire action

- 1.
- 2.
- 3.

List 3 things you can do to develop these leadership traits

Example: Create a vision for myself and my community

- 1.
- 2.
- 3.

Exercise 2: Discovering Leadership Traits

Nuiqsut, Alaska

Degree: Bachelor of Arts in Social Work, University of Alaska Fairbanks | Master's in Public Health, University of Alaska Anchorage

Notable: Named to Women's All-GNAC Basketball Team in 2004 as a junior standout for the UAF Nanook's women's basketball team. Adrienne is aspiring to complete graduate school in Speech Language Pathology, to become a Speech Therapist.

“

What I'm most proud of is that I didn't let the negative things in life define me. Instead, I used that as motivation to do my best. Whether you were raised in a two-parent household, by grandparents or a single parent, or in foster care, you can accomplish your goals that you set your heart on. I received a full scholarship to play basketball at UAF, but most importantly I finished school with the support of family and friends, and financial assistance from ASRC and the Kuukpik Corporation.

”



Wainwright, Alaska

Degree: Associate of Arts, University of Alaska Fairbanks | Bachelor of Arts in Elementary Education, University of Alaska Fairbanks

Notable: Olgoonik Corporation Leadership Academy Graduate; Olgoonik Corporation Board of Director – Corporate Secretary, Heirship and Executive Committee member

“

Whatever you can do, or dream you can, begin it. Boldness has genius, power and magic in it. Begin it now.

-Goethe

”



Scholarships Offered in the North Slope Region

Below is a comprehensive list of scholarships available on the North Slope. They are separated into two categories: 1) Scholarships offered North Slope-wide to all communities, and 2) community-specific scholarships offered in each community. Check with the organizations for deadlines!

North Slope-Wide Scholarships

Arctic Education Foundation (AEF) www.arcticed.com

AEF is a non-profit private foundation that provides support to eligible students pursuing either a degree or certification. AEF offers scholarships for short term training programs, undergraduate, graduate and doctorate programs, vocational programs, as well as special awards for individuals that exemplify leadership within the communities. Contact: arcticed@asrc.com or call toll free: 1-(800)-770-2772 or locally at (907) 852-9456.

The scholarships available are as follows:

1. 2 Year Programs (Associates, Certificates) \$11,500 Yearly Limit
2. College (4 year program): \$13,500 Yearly Limit
3. Graduate: \$21,500 Yearly Limit
4. Short Term Training: \$4,500 Yearly Limit
5. **North Slope Graduating Seniors:** 3 awards per village on the Arctic Slope. Awards are nominated by school staff.
6. **Ivalu Scholarship:** Up to \$15,000/year for 4 years
The Ivalu Scholarship awards applicants who are making noteworthy and influential contributions to their community serving as a role model of implementing and following the 12 Iñupiaq Core Values.
7. **Anaġi Leadership Award:** Up to \$24,000/year for 4 years
The Anaġi Leadership Award covers tuition, fees, books, room and board to be used for college or training expenses for up to four years. One scholarship is awarded each year.
8. **At-Large High School Scholarship Award:** Offered to graduating high school seniors continuing their education, with a 2.0 minimum GPA at time of application.

Johnny L. Aiken Memorial Scholarship

www.aewc-alaska.com/scholarship.html

The Alaska Eskimo Whaling Commission provides this scholarship to any student living in the 11 whaling villages represented by the AEWC (Nuiqsut, Kaktovik, Barrow, Point Hope, Point Lay, Wainwright, Kivalina, Savoonga, Wales, Gambell and Little Diomedé).

Guy Okakok, Sr. Scholarship

www.arcticslope.org/news/recent/asna-leadership-scholarship-award

ASNA Leadership Scholarship Award: Arctic Slope Native Association provides this scholarship to tribal members of the Arctic Slope region who are interested in health care or social service careers.

Contact: info@arcticslope.org

ASTAC Scholarship

<https://www.astac.net/community/education/>

ASTAC awards two \$1,000 scholarships annually to two resident senior high school students from our serving territory. Applicants must have plans to attend vocational school, junior college or a 4-year university. Contact: info@astac.net

Iñupiat Community of the Arctic Slope (ICAS) Scholarship

<http://www.inupiatgov.com/> Click on "Social Services"

Eligibility: Students must be ¼ or more degree Indian, Eskimo, Aleut, or enrolled members of a federally recognized tribe. Students must be enrolled in a four-year academic degree program and be accepted by an institution that is accredited by a national or regional accrediting agency or is a candidate for accreditation, or is a tribally controlled community college. Contact: (907) 852-4227

Anaktuvuk Pass Scholarships

City of Anaktuvuk Pass Scholarship

Students residing in Anaktuvuk Pass are eligible to receive \$500 per student by written request to the City. Students must maintain a 2.0 GPA. Contact: (907) 661-3612.

Nunamiut Corporation Scholarship

Nunamiut Corporation offers scholarships to Nunamiut shareholders and descendants of shareholders if they are accepted into a college or university. Contact: (907) 661-3220.

Anaktuvuk Pass & Point Lay Scholarship

ICAS Scholarship – Native Village of Point Lay and Naqsrāgmiut Tribal Council AND Job Placement and Training Act (JPTA)

Consideration for funding will be given to tribal members who are residents of Native Village of Point Lay and the Naqsrāgmiut tribe of Anaktuvuk Pass area. Tribal members who reside out of Alaska are limited to \$500 per term. Tribal members are also provided with job placement and training. Contact: Inupiat Community of the Arctic Slope. Barrow: (907) 852-5923 or (907) 852-4227

Atqasuk & Wainwright Scholarship

BIA Higher Education, Job Placement, and Adult Vocational Training Programs

www.arcticslope.org/services/social-services/bureau-of-indian-affairs-programs/

The Arctic Slope Native Association provides financial support for eligible tribal members from Atqasuk and Wainwright who seek opportunities to enhance their employment, education and career goals. The Higher Education Program provides scholarships for those enrolled in an Associate or Bachelor's Degree Program at an accredited college or university. The Job Placement Program assists in short or long-term training programs to obtain or renew job skills needed for full-time employment. Contact: Toll free at 1-800-478-3033 in Alaska, or direct at (907) 852-9379. Alternate: (907) 852-9153.

Barrow Scholarships

Ukpeaġvik Iñupiat Corporation Foundation Scholarship

www.uicalaska.com/shareholders/uic-foundation/

The UIC Foundation provides scholarships to eligible students (UIC shareholders and descendants of shareholders) attending college or vocational school full or part time. Recipients are urged to serve their fellow Iñupiat people, their community and the state.

Contact: uicfoundation@uicalaska.com

Beverly Maasak Ahgeak Memorial Scholarship

<http://www.bueci.org/scholarships/>

The Barrow Utilities and Electric Cooperative, Inc. (BUECI) administers two scholarships for graduating seniors in Barrow, and must be a dependent of an active cooperative member. Each scholarship is \$1,000. Contact: Email: Wendy.Battle@bueci.org
Phone: (907) 852-6166

Leadership:Barrow Scholarship

<https://leadershipbarrow.yolasite.com/>

L:B is an organization based in Barrow of 21-40 year olds interested in leadership. This scholarship is driven by local donations and administered by the L:B Scholarship Committee. The number and amount of scholarships depends on donations but typically amount to \$1,000. Applicants must be graduating seniors of Barrow High School and intend to continue studies at an accredited post-secondary educational institution. Contact:

leadershipbarrow@gmail.com

Barrow Lions Club Scholarship

The Barrow Lions Club offers scholarships in varying amounts (dependent on funding). Applicants must be a resident of Barrow and be a student within the NSB School District or Ilisagvik College. Applicants must be eligible to attend a 2-year, 4-year or vocational institution of higher education as a full time student.

Contact: BarrowLions99723@gmail.com

Native Village of Barrow Scholarship

www.nvbarrow.com/education_27.html

The Native Village of Barrow administers the higher education grant program for Barrow residents who must be enrolled with the Native Village of Barrow or are tribal members of a federally recognized tribe. Applicants must be enrolled in a 2 or 4 year accredited institution or a tribally controlled community college or attending vocational training (long term). Contact: (907) 852-4411 or workforce@nvbarrow.net

Eben Hopson Sr. Memorial Scholarship

<http://www.utqiagvik.us/files/ScholarshipApplication.pdf>

The City of Barrow administers this scholarship to full time students pursuing post-secondary education or vocational training. Applicants must state their intent to return to Barrow upon completion of their program. Contact: (907) 852-5211.

Nuiqsut, Alaska

Curtis Ahvakana

Training: Small Boat Captain; Oil Spill Cleanup & Ops Lead | State of Alaska Firefighter II; Fire Instructor | State of Alaska EMT-III, AHA Basic Life Support Instructor & Emergency Trauma Technician Instructor | Training received from Alabama Advanced Industrial Firefighting School, Conoco Phillips, NSB and Mat-Su

Notable: Currently working for Alaska Clean Seas and also for the Central Mat-Su Fire Department as a Firefighter/Rescue Tech and EMT-III.

“ If you can dream it, you can achieve it! It all starts with you and an all-in attitude. In order for you to be successful you must first fail. It is then you learn the true meaning of hard work and dedication. If I can make a positive impact on someone’s life, then I have done my job. I find that most rewarding!



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Kaktovik Scholarships

City of Kaktovik Scholarship

www.cityofkaktovik.org

Scholarship funding is awarded through the City of Kaktovik Gaming & Recreation Department. Applicants must be Kaktovik residents (as defined by Kaktovik Code of Ordinances Section 2.36.020). Applicants who meet eligibility requirements can receive \$2,500/semester for full-time undergraduate study, and \$3,500/semester for full-time graduate study. Contact (907) 640-6313 or office@cityofkaktovik.org.

Kaktovik Inupiat Corporation (KIC) Scholarship

KIC gives \$1,000 to valedictorians each year for students belonging to KIC. Contact: (907) 640-6120.

Kaktovik Community Foundation

kaktovikcommunityfoundation.org/

Residents of Kaktovik and their family members are eligible for this scholarship in the amount of \$1,000 per student. The scholarships are to assist with tuition costs for full-time students at a two-year or four-year accredited college. Contact: (907) 279-8900.

Nuiqsut Scholarship

Kuukpik/ConocoPhillips Scholarship

www.kuukpik.com/shareholders/scholarship

The Kuukpikmiut Foundation administers this scholarship program that is available to eligible shareholders and descendants of shareholders, enrolled full-time in a post-secondary educational program. 12 scholarships are awarded each year.

Point Hope Scholarship

Tigara Educational Foundation Scholarship

www.tikigaq.com/category/shareholder/scholarships/

This scholarship is available to Tikigaq Corporation shareholders who plan to pursue a college degree. The scholarship helps pay for tuition, room and board, books, rent and food allowance. Contact: (907) 368-2236 or (907) 368-2235.

Wainwright Scholarship

Olgoonik Scholarship

www.olgoonik.com/shareholder-portal/programs-and-opportunities

Olgoonik Corporation offers this scholarship to shareholders and their descendants who are enrolled in an accredited college, university, trade or vocational school and are working toward a degree or certification that can be useful in the Olgoonik family of companies. The maximum funding provided per applicant is \$6,000 per academic year.

Additional resources for scholarships outside the North Slope are not included in this resource manual but it is strongly encouraged that students research these opportunities.

Kaktovik, Alaska

Degree: Bachelor of Business Administration, University of Alaska Anchorage | Masters of Business Administration, University of Alaska Fairbanks

Notable: Deputy Assistant to the Mayor, North Slope Borough

“

When I first completed high school, I found determination to earn a degree to set an example to the students of Harold Kaveolook School. I found my motivation to complete with success with the thought of my child's future. Although I earned 2 degrees at the age of 24 and my life has just begun – my educational goals will see no end. I plan on pursuing my Ph.D., but for now I will grasp the wonderful blessings of being an Iñupiaq woman in the Arctic.

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Barrow, Alaska

Degree: Bachelor of Science in Biology, University of Alaska Fairbanks | Doctor of Pharmacy, Pharm.D. at University of Saint Joseph, Connecticut

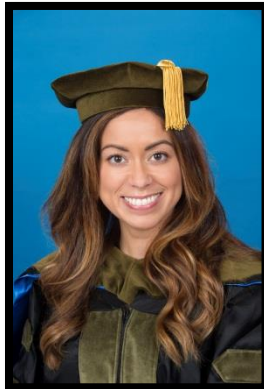
Notable: Pharmacist at Alaska Native Primary Care Center, Anchorage, Alaska

“

Work hard. Get there early, and stay late. Don't expect something for nothing. Help a child in need. Respect the resources of the land and the river. Be proud of who you are and where you come from.

-Sidney Charles Huntington

”

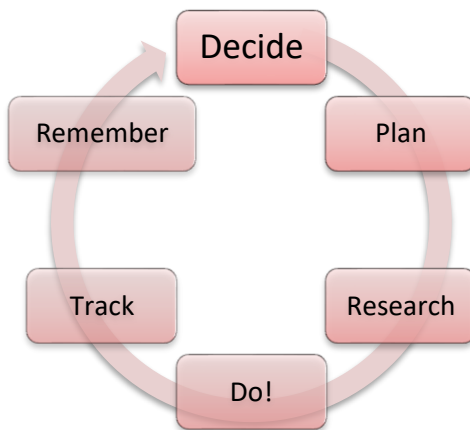


PART III: Professional Development

Experience outside the classroom will be just as important as the time you spend in school. As you continue forward in your professional career, it is important to know that there are opportunities to develop professionally that will contribute to your job, education and community.

Professional Development Plan

A professional development plan helps you organize your goals into a plan of action – to grow professionally, whether you’re just starting out or established in your career. There are six steps in the planning process, which must be revisited often as you accomplish your goals and proceed to further development.



Exercise 3: Six Steps to Planning Process

<p>Decide: What would you like to accomplish professionally? Are you employed, unemployed, or taking college courses? Try to think about where you want to work and what career you'd like to explore.</p>
<p>Plan: Once you've figured out what you want to do, you must develop a plan of action. What are some goals to get you to the position you desire?</p>
<p>Research: Turn to the internet and start researching classes, trainings, and professional development courses in your field of work/study. Map out a timeline of when you can start, and how long it will take. Turn this into a schedule you can keep track of.</p>
<p>Do!: Now, let's get started! Take the courses as planned, and try to keep on schedule.</p>
<p>Track: Keep track of your progress. Celebrate the milestones you reach as you accomplish them. Reevaluate your plan as you see fit, such as schedule changes or a change in goals.</p>
<p>Remember: Sometimes, even the best laid plans have delays. Don't give up! Life happens, and we must continue to truck along.</p>

Getting Started

As you begin your journey after high school, you will find that many colleges, universities and training programs will require several documents from you: to explain who you are, what your goals are and how you plan to carry out those goals. They are also required for job applications upon entering the workforce. Let's talk about some of these documents.

Resume

A resume is an important document that can help leverage your application for employment, scholarships, and admission into degree programs. Your resume is a way for organizations to get a brief idea of your qualifications and readiness for the job, or school program/scholarship to which you are applying. There are a number of different types of templates you can use, but the general resume usually includes the following: contact information, educational background, work/professional experience, and any honors, activities,

volunteerism or skills.

Cover Letter

A cover letter accompanies your resume, and introduces you to your employer, while stating your purpose for the job. It should include your abilities and help establish credibility while drawing attention to your qualifications, skills, and experience to show the employer or education program that you are a good fit for the job/program.

Letter of Recommendation

A letter of recommendation provides insight (from someone other than yourself) on your character, passion, goals, and work ethic to your employer, educational program or scholarship organization. These are typically one page in length and may come from a teacher, coach, supervisor, or other mentor.

Professional Development Opportunity: Northern Alaska Indigenous Leadership Academy

Iļisaġvik College and the University of Alaska Fairbanks have partnered to provide a week-long intensive program focusing on three areas: Healing and Wellness, Leadership Development and Community Sustainability. Only 25 participants are accepted and participants have the opportunity to earn college credit for the course. For more information visit: www.uaf.edu/naila

“Be proud to be Inuk. Strengthen your relationship with your language and culture. Be confident in who you are. And continue to become educated, not only in K-12 and in post-secondary but in Iñuit knowledge. Challenge existing structures and evaluate if they are working. Love yourself, spend time with elders and keep your head up. You’re not alone.”
-Maatalii Okalik, Iñuit Youth Council, Canada

Point Hope, Alaska

Degree: Bachelor of Arts in Studio Art, Humboldt State University | Teaching Certificate, University of Alaska Fairbanks MED Program

Notable: Small business owner of Salmonberry Etsy Shop | Implemented high tunnel in Anaktuvuk Pass to grow fresh produce locally for the community.

“ Everything you need to thrive is in front of you, you just need to provide a humble mind willing to learn, a heart ready to accept the failures and successes, and daily effort big or small.

”



Internships & Externships

Moving forward in today's society can be exciting and has huge potential for impacting and growing our communities. Below is a list of internships and externships to help you grow professionally while attending school.

ASRC Corporate Shareholder Internship Program (Rural)

Eligible participants must be ASRC shareholders who are actively pursuing a high school diploma or a college degree and are at least 16 years old. Participants are required to submit unofficial transcripts to show proof of enrollment and a 2.0 GPA or higher. College or college-bound students must also provide proof of registry for a minimum of nine credits. The Program is designed to provide meaningful work opportunities, so interns are able to build the experience and professional discipline needed to start their careers upon graduating from high school or college. Contact studentprograms@asrc.com for more information.

AES Shareholder Internship Program

www.asrcenergy.com

Eligible participants must be ASRC shareholders who are enrolled in an accredited learning facility who have obtained their high school diploma or received their GED. The Program is designed to familiarize students with potential career paths that interest them as they move forward with their education. Interns will be strategically placed through the AES application and interview process. Upon degree completion, AES Recruitment Department will be notified for permanent placement. Contact: Christina Rexford-Brown (907) 339-6926 or email at aestalent@asrcenergy.com

American Indian Science and Engineering Society (AISES) National Conference Scholarship

ASRC Federal partners with AISES to sponsor ASRC shareholder college students to attend the AISES National Conference. This three-day conference brings together students and professionals to foster the success of American Indian and Alaska Natives in

STEM fields. Applications are available by emailing shareholder@asrcfederal.com

ASRC Federal Shareholder Internship Program

This internship is offered to ASRC shareholders as an opportunity to take their first step in their career. Their internship placements give shareholders an opportunity to gain real-world professional experience, build their network, and boost their skills through an 8-10 week placement with ASRC Federal and its family of companies. All shareholder interns are paid a competitive wage, and the cost of transportation and lodging is covered by ASRC Federal. U.S. Eligibility: Must be enrolled in an accredited college, university, apprenticeship or certification program and have attended one term or have graduated within the last 24 months to be considered.

Applications can be downloaded at

<https://www.asrcfederal.com/shareholder-opportunities>

Contact: shareholder@asrcfederal.com

First Alaskans Institute (FAI) Internship

www.firstalaskans.org

FAI places Alaska Native / American Indian & rural undergraduate and graduate students into organizations for a full-time, 10 week paid internship. Partnering organizations provide challenging workplace experiences while FAI provides leadership development discussions, classes, and networking experiences to interns. Contact:

ellatonuchuk@firstalaskans.org Phone: (907) 677-1700

Native American Congressional Internship

<https://udall.gov/OurPrograms/Internship/Internship.aspx>

This internship program provides American Indian and Alaska Native students the opportunity to gain practical experience with the federal legislative process in order to understand first-hand the government-to-government relationship between Tribes and the federal government. Contact: Program Manager: curley@udall.gov
Phone: (520) 901-8564

North Slope Borough Internships

www.north-slope.org

The purpose of the internships from the NSB is to create a pathway for college-immersed students to access a more structured program that would enhance their skills in alignment with their academic pursuits, and to entice interns to return to the North Slope to fill leadership positions. Internships are available in the summer and winter breaks. Up to 25 interns are hired each year. To apply, check postings on the NSB website or contact Human Resources at (907) 852-0364.

Washington Internships for Native Students (WINS)

www.american.edu/spexs/wins

WINS provides an academically supervised internship at American University for American Indian, Alaska Native, and Native Hawaiian students enrolled in a college or university as a sophomore, junior, senior, or graduate student in good academic standing. Students gain professional, educational and networking experience through their WINS internships during the summer while earning 6 credits. Contact: wins@american.edu Phone: (202) 885-5934

“Many challenges lie ahead of us. It will take commitment, courage, education and hard work on your part to meet the challenges the people of the Arctic will face in the future. So, study hard. Learn your book well, but please, take time to listen to the Elders. Venture out onto the ice and tundra, to learn the ways of the animals, and how to hunt. We will need your help in the future.”

-Mayor Jeslie Kaleak, Sr, North Slope Borough

Point Lay, Alaska

Degree: Professional Development training and certifications through NSB School District and North Slope Borough | Pursuing Associate of Arts Degree at Iñisaġvik College
Notable: Iñupiaq Language Teacher at Kali School for the past 9 years.

“

Never give up, and never stop learning. You never know what you're made of until you try.

”

Anaktuvuk Pass, Alaska

Degree: Bachelor of Science in Elementary Education, University of Alaska Fairbanks

Notable: USA Today's Top 10 Basketball Players, Alaska, 1999 | Kindergarten Teacher for the North Slope Borough School District in Anaktuvuk Pass | Planning to attend the Masters in Educational Leadership Cohort at the University of Alaska Southeast in the summer of 2017.

“

Be the change you wish to see in the world.

-Mahatma Gandhi

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The information contained within this manual came from a variety of sources. A website or organization name is provided when possible. This booklet was created and funded by the Village, Community and Economic Development Department within Arctic Slope Regional Corporation in 2016, and amended in 2019. For more information regarding this manual, please contact:

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